

## Four New Members Named to FCD Board of Directors

The Forum for Corporate Directors (FCD) is pleased to announce that it has named four new members to its board of directors. "The additional expertise and experience of these individuals, who include Christopher Cox, Steven Plochocki, Murray E. Rudin and Robert L. Tirva, will add further insight to our on-going goal to establish a premier business organization which increases the effectiveness of today's directors, CEOs and other senior level executives by anticipating the important issues facing businesses in a global economy and presenting peer-to-peer forums to share ideas," said John Della Grotta, chairman of the FCD and a partner at Paul Hastings, Janofsky & Walker.

**Christopher Cox** is a partner at Bingham McCutchen LLP in the Corporate, M&A and Securities Group, advising global companies on strategic issues, corporate governance, and general business matters. He was previously chairman of the U.S. Securities and Exchange Commission, the fifth-ranking leader in the U.S. House of Representatives, a White House counsel to President Reagan, and a partner at Latham & Watkins LLP.

**Steven Plochocki** is chief executive officer of Quality Systems, Inc., which develops and markets computer-based practice management systems for medical/dental groups and small hospitals. Quality Systems was recently included in Forbes magazine's 2009 Fast Tech List for achieving 28 percent sales growth over the past five years and ranked third in its 2009 list of America's 200 Best Small Companies. Plochocki is a recipient of two national American Business Awards for best business turnarounds and the 2002 Ernst & Young Entrepreneur of the Year award in the health services category in Orange County.

**Murray E. Rudin** is a managing director of Riordan, Lewis & Haden, a leading private equity firm with offices in Los Angeles and Orange County which invests in high growth, middle market enterprises. Focused on business services, healthcare, and government services, RLH currently manages over \$400 million of capital and has a demonstrated track record of consistent success over the last 25+ years.

**Robert L. Tirva** is Senior Vice President - Corporate Controller at Broadcom Corporation, a global leader in semiconductors for wired and wireless communication. Broadcom is a Fortune 500 company with \$4.5 billion in revenue in 2009 and more than 8,000 employees in 23 countries. In May 2010, Communications Weekly recognized Broadcom as one of the "Top 50 Communications Equipment and Technology Providers in China in the year 2009-2010."

Further information about FCD and the programs it offers is available at [www.fcdoc.org](http://www.fcdoc.org).



Christopher Cox



Steven Plochocki



Murray E. Rudin



Robert L. Tirva

## LAW

**Sara McKibben** has joined the law firm of Snell & Wilmer, L.L.P. as its California Marketing Manager. She will manage the firm's marketing and business development initiatives in both the Costa Mesa and Los Angeles offices. Sara has over a decade of marketing experience with eight years dedicated to the legal profession. Prior to joining Snell, she worked as the Marketing & Business Development Manager for the Western U.S. in Dorsey & Whitney's Irvine office. In addition, Sara worked as the Director of Business Development and Marketing for Knobbe Martens Olson & Bear, in Irvine. Sara has been involved with the Legal Marketing Association Chapter of Southern California and served in several key roles including 2008 Chapter President. She also recently joined SMARTY, a group of entrepreneurial women, as a member in Orange County.



Sara McKibben

## TELECOMMUNICATIONS

**John Wing** joined XO Communications as the General Manager of the Orange County market in the Santa Ana sales office. He brings more than 20 years of sales and sales management experience in the telecommunications industry. Wing previously held a variety of sales management positions with Qwest and MCI. XO Communications is one of the nation's largest communications service providers focused exclusively on businesses, government, domestic and international telecommunications carriers, cable companies, content providers and mobile wireless companies.



John Wing

## NON-PROFIT

### THREE OC BUSINESS LEADERS ELECTED TO MDA NATIONAL LEADERSHIP ROLES

Three prominent OC businessmen were re-elected as National Vice Presidents of the Muscular Dystrophy Association.

**Augie Nieto**, chairman of Octane Fitness, co-chair of MDA's ALS Division and founder of MDA Augie's Quest, a research initiative that's raised more than \$23 million to stop ALS (amyotrophic lateral sclerosis or Lou Gehrig's disease).

**Frank DiBella**, CPA and President, Frank DiBella Accountancy Corp. in Newport Beach.

**Bert Selva**, president and CEO of Shea Homes (an MDA sponsor) in Walnut, Calif.

MDA is the nonprofit health agency dedicated to curing muscular dystrophy, ALS and related diseases by funding worldwide research. The Association is the first nonprofit to earn a Lifetime Achievement Award from the American Medical Association "for significant and lasting contributions to the health and welfare of humanity."

"MDA is most fortunate to have Augie, Frank and Bert as volunteer leaders of this caliber," said MDA President & CEO Gerald C. Weinberg. "Their talents and tireless dedication go far toward helping the Association achieve its dual missions of help and hope."



Augie Nieto